



MEN'S HEALTH MONTH WEBINARS

Monday, June 6

5:30 – 6:30pm

[Men's Health Screenings](#)

In the United States, men don't live as long as or as healthy as women. Men of color, especially Black men, don't live as long as their counterparts.

Darryl Davidson (City of Milwaukee [Office of African American Affairs](#)) will discuss why, and how men can take control of their health. <https://bit.ly/3M4dbuV>

Monday, June 13

5:30 – 6:30pm

[Healthy Lifestyles](#)

Father's Day is one week away, and we kick off Men's Health Week exploring healthy eating and healthy lifestyles and low and no-cost activities to enjoy with your family.

<https://bit.ly/3tb4NmD>

Joining us:

- Terry Evans from Urban Ecology Center – [Washington Park](#)
- Greg McBeath from the Dr. Martin Luther King, Jr. Community Center

Monday, June 20

5:30 – 6:30pm

[Men & Mental Wellness](#)

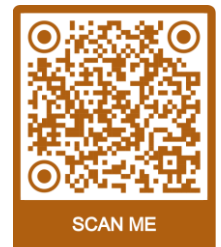
We close out Men's Health Week with a discussion on mental wellness.

Corey Fells and Darius Smith of [Black Space](#) discuss mental wellness in Black and Brown communities, and how Black Space is working to normalize mental wellness.

<https://bit.ly/3z5WQTt>

To access each FREE webinar, please click on the title or the link in the description, or scan for our Facebook page:

- ★ You do not need to register in advance
- ★ You do not need an MS Teams account to participate – just select “Join on the web instead” after clicking the webinar links



VISIT US AT THE 51ST ANNUAL JUNETEENTH CELEBRATION

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